# 22. NSS REPORT ON NSS FUN DAY ACTIVITY

Date: February 1st, 2025 Venue: JBIET Campus Organized by: NSS Unit, JBIET



The National Service Scheme (NSS) unit of J.B. Institute of Engineering & Technology (JBIET) organized a **Fun Day Activity** on **February 1st, 2025**. The event aimed to engage students in various recreational and team-building activities while promoting the values of social service, teamwork, and community engagement.

## Objective

The primary objective of the NSS Fun Day was to provide an opportunity for students to relax, bond, and showcase their skills outside the academic environment. The event also aimed to foster a sense of camaraderie and unity among the students while instilling leadership qualities and social responsibility.

## **Activities Held**

The Fun Day featured a range of exciting activities that allowed students to participate in friendly competitions, group tasks, and games. Some of the key activities included:

#### 1. Team Building Games:

Students participated in various team-building exercises like relay races, sack races, and tug-ofwar. These games promoted teamwork, coordination, and leadership.

#### 2. Cultural Competitions:

A series of cultural activities, including a talent show, singing, and dancing competitions, were organized to showcase the artistic talents of the students.

#### 3. Outdoor Sports:

Students took part in outdoor sports such as cricket, badminton, and volleyball. These activities not only provided a fun break from academics but also encouraged physical fitness.

4. **Group Challenges and Icebreakers**: Icebreaking activities were conducted to help students from different departments interact with one another and build new friendships.

# 5. Health and Wellness Station:

A health station was set up offering health tips, quick fitness routines, and promoting well-being. Students were educated on the importance of mental and physical health through various interactive sessions.



# Participation

The NSS Fun Day was attended by over **200 students** from various departments of JBIET, along with NSS volunteers and faculty members. The event saw enthusiastic participation from students, making it a memorable and enjoyable day for everyone.

## Conclusion

The NSS Fun Day was a great success, providing a platform for students to unwind and enjoy themselves while promoting the values of social responsibility and team spirit. The event was well-received, and it strengthened the bond among the students, faculty, and the NSS unit of JBIET. The NSS team looks forward to organizing more such events in the future to encourage holistic development and social engagement.