



**Accredited by NAAC & NBA, Approved by AICTE  
& Permanently Affiliated to JNTUH**

Report on Group Discussions: **“Social Media on Youth”**

Date: **15th November 2024**

Venue: **Language Lab, JBIET**

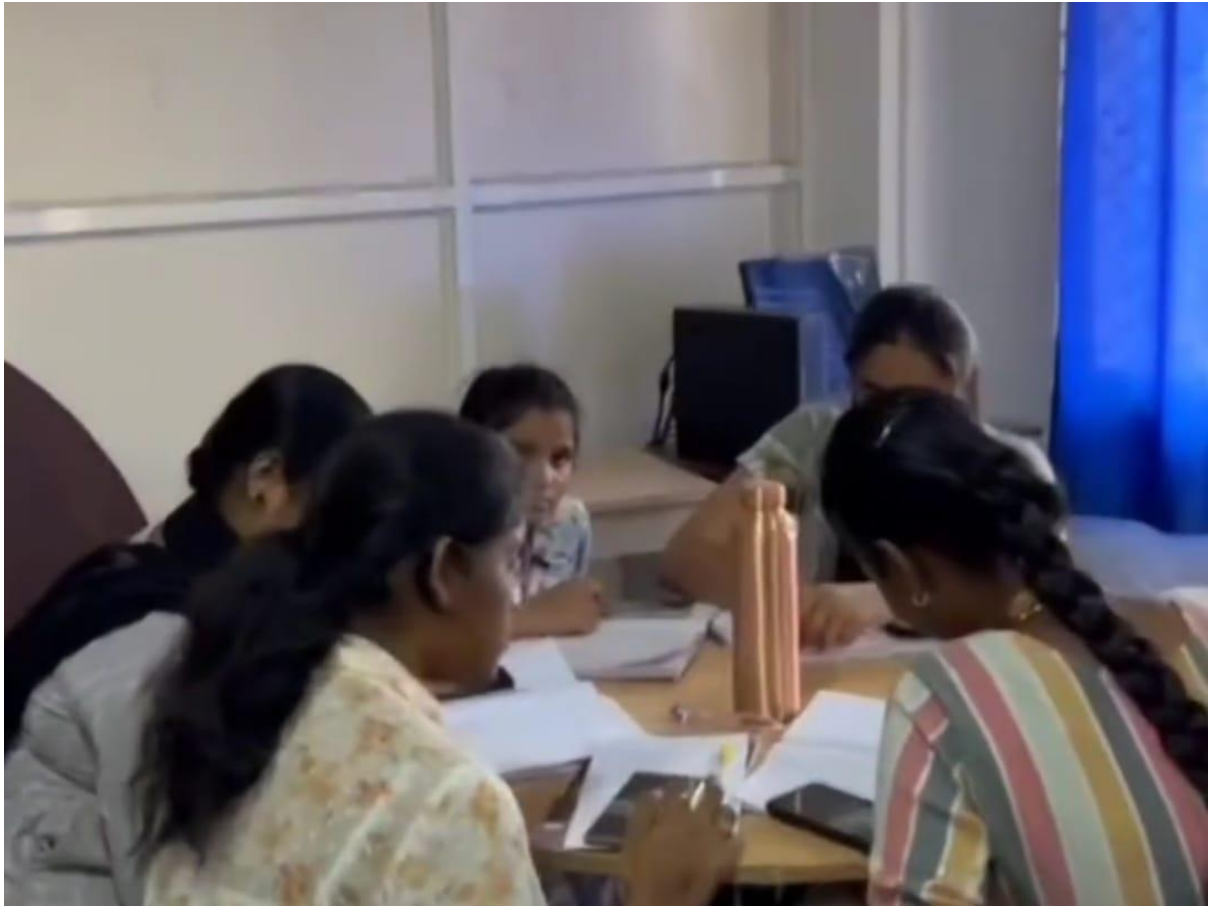
Organized by: **English Language Club**

No. of participants: **55 students**

#### Introduction

The English Language Club of JBIET organized a group discussion on the topic “Social Media on Youth” on 15th November 2024 in the Language Lab. The event aimed to explore the impact of social media on the youth, discussing both its positive and negative aspects.

A group discussion is a collaborative exchange of ideas, where participants come together to explore a topic from various perspectives. It fosters critical thinking, teamwork, and effective communication as individuals share their insights, listen to others, and work towards a deeper understanding of the subject. In a group discussion, participants are encouraged to express their viewpoints clearly and respectfully while engaging with others' opinions. The goal is not only to share knowledge but to engage in meaningful dialogue, allowing everyone to learn from each other.



### Participants

The discussion saw active participation from students across various departments. The participants were divided into small groups to facilitate an in-depth discussion.





### **Key Points Discussed**

Positive Impacts of Social Media:

**Connectivity:** Social media helps youth stay connected with friends and family, regardless of geographical distances.

**Educational Resources:** Platforms like YouTube and LinkedIn provide valuable educational content and networking opportunities.

**Awareness and Activism:** Social media raises awareness about social issues and enables youth to participate in activism and community service.

#### Negative Impacts of Social Media:

**Addiction:** Excessive use of social media can lead to addiction, affecting academic performance and personal relationships.

**Mental Health:** Exposure to unrealistic standards and cyberbullying can negatively impact mental health, leading to anxiety and depression.

**Privacy Concerns:** Sharing personal information on social media can lead to privacy breaches and misuse of data.

#### Balancing Social Media Use:

**Time Management:** Participants discussed strategies for managing time spent on social media to ensure it does not interfere with studies and personal life.

**Digital Literacy:** Emphasizing the importance of digital literacy to navigate social media responsibly and safely.

#### Conclusion

The group discussions provided a comprehensive understanding of the multifaceted impact of social media on youth. The participants concluded that while social media offers numerous benefits, it is crucial to use it mindfully to avoid its potential pitfalls. The event was successful in fostering critical thinking and encouraging students to reflect on their social media habits.